

パンク  
**Panku**  
Streetfood



**POKE BOWLS**

- Chicken Katsu Poke Bowl** 646kcal €7.50  
Breaded Chicken Chunks topped with edamame, mango, wakame, avocado, cucumber, tomato, spring onion on rice
- Salmon Poke Bowl** 646kcal €8.50  
Salmon spring onions coconut sriracha, steamed rice, edamame sweetcorn, pickled onion, kaiso, crispy onions
- Spicy Tuna Poke Bowl** 646kcal €8.50  
Spicy Tuna Chunks topped with edamame, mango, wakame, avoca-

**SPICY CRUNCH ROLLS**

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped off with spicy sriracha mayonnaise and crunchy onion

- Spicy California Crunch Roll** 453kcal €9.00  
10 piece surimi and avocado roll topped with spicy mayo and shichimi powder
- Spicy Salmon & Avocado Crunch Roll** 418kcal €8.50  
10 piece salmon and avocado roll topped with spicy mayo and shichimi powder
- Spicy Chicken Katsu Crunch Roll** 472kcal €8.00  
10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder
- Spicy Prawn Katsu Crunch Roll** 407kcal €10.00  
10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder
- Spicy Veggie Crunch Roll** 363kcal €7.50  
10 piece red pepper, cucumber avocado roll topped with spicy mayo and shichimi powder
- Spicy Tuna Crunch Roll** 370kcal €8.50  
10 piece tuna and cucumber roll topped with spicy mayo and shichimi powder

**BAO BUNS**

Plump bao buns, filled with meat or vegetables, pickled red onion and pickled cucumber, topped with spring onion and crispy onion

- Pulled Pork** 263kcal €4.00  
Bao bun filled with Korean pulled pork, pickled red onion and pickled cucumber, topped with spring onion and crispy onion Korean
- Korean Chicken** 269kcal €4.00  
Bao bun filled with Korean chicken pieces, pickled red onion and pickled cucumber, topped with spring onion, crispy onion and KFC sauce
- Pumpkin Katsu** 246kcal €4.00  
Bao bun filled with pumpkin katsu pieces, pickled red onion and pickled cucumber, topped with spring onion, crispy onion and KFC sauce
- Hoisin Duck** 238kcal €4.00  
Bao bun filled with hoisin duck, pickled red onion and pickled cucumber, topped with spring onion and crispy onion

**H E A T A T H O M E**

Enjoy a selection of your favourite Asian dishes, freshly prepared at our kiosk with a wide choice of tasty meals you're sure to enjoy'

- Chicken Katsu Curry** 566kcal €11.00  
Chicken katsu, steamed rice, curry sauce, spring onion and beni shoga
- Spicy Chicken Teriyaki Rice Bowl** 765kcal €11.70  
Fried chicken, steamed rice, crispy shredded vegetables, pak choi, teriyaki sauce topped with shichimi powder
- Korean Chilli Beef Bulgogi** 457kcal €12.00  
Korean beef, steamed rice, crispy shredded vegetables, pak choi, topped with mixed sesame seeds and spring onions
- Spicy Korean Chicken Rice Bowl** 675kcal €11.70  
Fried chicken, steamed rice, KFC sauce, crispy shredded vegetables and pak choi
- Teriyaki Noodles** 454kcal €6.00  
Teriyaki noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with teriyaki sauce
- Chicken Curry Noodles** 554kcal €11.00  
Chicken katsu, noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with curry sauce
- Korean Beef Noodles** 550kcal €12.50  
Korean beef, noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with teriyaki sauce
- Korean Chicken Noodles** 703kcal €12.15  
Fried chicken, noodles, KFC sauce, shredded vegetables topped with spring onions, beni shoga and mixed sesame seeds
- Hoisin Duck Donburi** 600kcal €12.00  
Hoisin duck, steamed rice, crispy shredded vegetables, pak choi, topped with mixed sesame seeds
- Pumpkin Katsu Curry** 462kcal €12.50  
Pumpkin katsu, steamed rice, curry sauce, spring onion and beni shoga

**Why not give it a gyoza?**

Gyoza are dumplings filled with delicious flavours wrapped in a thin dough perfect for lunch, snacks or dinner





## SALADS

- Edamame** 204kcal €4.00  
Edamame pods sprinkled with sea salt and spring onion
- Kaiso Salad** 162kcal €4.00  
Sesame seaweed salad topped with mixed sesame seed

## SIDES

- Japanese Chicken Bites** 674kcal €6.25  
10 piece chicken bites with Japanese mayo
- Korean Chicken Bites** 732kcal €6.50  
10 piece chicken bites with KFC sauce
- Teriyaki Chicken Bites** 759kcal €6.50  
10 piece chicken bites with teriyaki sauce and mixed sesame seeds
- Chicken Gyoza** 222kcal **Not Available**  
5 piece chicken gyoza with dipping sauce
- Veggie Gyoza** 233kcal €5.00  
5 piece vegan gyoza with dipping sauce
- Duck Gyoza** 221kcal **Not Available**  
5 piece vegan gyoza with dipping sauce
- Prawn Gyoza** 219kcal €6.00  
5 piece prawn gyoza with dipping sauce



## S U S H I

Whether it is raw or cooked fish, chicken or plant-based, let us treat your tastebuds with our freshly prepared Japanese sushi selection

### MAKI



- Avocado Maki** 201kcal €5.00  
8 piece avocado and vegan mayo maki
- Cucumber Maki** 146kcal €3.50  
8 piece cucumber and mixed sesame seed maki
- Salmon Maki** 196kcal €5.00  
8 piece salmon maki
- Tuna Maki** 196kcal €5.00  
8 piece tuna maki
- Red Pepper Maki** 196kcal €5.00  
8 piece red pepper maki

### NIGRI

- Salmon Nigiri** 336kcal €9.00  
6 piece salmon nigiri
- Salmon & Prawn Nigiri** 335kcal €9.00  
3 piece salmon nigiri and 3 piece prawn nigiri
- Inari Nigiri** 270kcal €6.00  
4 piece inari nigiri
- Inari & Kaiso Nigiri** 263kcal €6.00  
2 piece inari nigiri and 2 piece Kaiso topped with nigiri

### PANKU SPECIAL



- Hoisin Duck Roll** 320kcal €8.00  
10 piece duck, cucumber and spring onion roll topped with mixed sesame seed
- Hoisin Duck Crunch Roll** 372kcal €8.50  
10 piece duck, cucumber and spring onion roll topped with vegan mayo and crunchy onions
- Dynamite Roll** 516kcal €10.00  
8 piece tuna maki

## CRUNCH ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped with crunchy onions

- California Crunch Roll** 461kcal €9.00  
10 piece surimi and avocado roll topped with mixed sesame seeds
- Salmon & Avocado Crunch Roll** 425kcal €9.00  
10 piece surimi and avocado roll topped with vegan mayo, teriyaki and crunchy onions
- Chicken Katsu Crunch Roll** 458kcal €8.00  
10 piece chicken katsu and avocado roll topped with vegan mayo, teriyaki and crunchy onions

## HOUSE ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice

- California Roll** 408kcal €8.00  
10 piece surimi and avocado roll topped with mixed sesame seeds
- Salmon Avocado Roll** 373kcal €8.00  
10 piece salmon and avocado roll topped with mixed sesame seeds
- Chicken Katsu Roll** 426kcal €8.00  
10 piece chicken katsu and avocado roll topped with mixed sesame seeds
- Prawn Katsu Roll** 362kcal €10.00  
10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder
- Veggie Roll** 318kcal €7.00  
10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder
- Tuna Roll** 325kcal €8.00  
10 piece tuna and cucumber roll topped with mixed sesame seeds



## SASHIMI

Freshly cut slices of sashimi

- Salmon Sashimi** 152kcal €5.50  
Freshly cut salmon sashimi
- Tuna Sashimi** 152kcal €5.50  
Freshly cut tuna sashimi



## PLATTER

Hand-rolled platters, with an array of sushi rolls. Platters can be made to order, please speak to a staff member for further details

**Ultimate Panku Party Platter** 1555kcal €20.00

10 piece spicy crunchy tuna roll, 10 piece crunchy salmon avocado roll, 5 piece vegan roll, 4 piece salmon nigiri, 4 piece prawn nigiri and 2 piece inari nigiri

**All Stars Plant Platter** 1428kcal €17.00

10 piece vegan roll, 10 piece crispy vegan roll, 10 piece spicy vegan roll, 8 piece cucumber maki, 8 piece red pepper maki, 2 piece red pepper nigiri and 2 piece inari nigiri

## SASHIMI

Freshly cut slices of sashimi

**Salmon Sashimi** 152kcal €5.50

Freshly cut salmon sashimi

**Tuna Sashimi** 152kcal €5.50

Freshly cut tuna sashimi

## MIXED SUSHI SETS

A selection of sushi rolls & dishes, great for those wanting to try a selection of sushi styles

**Super Salmon** 459kcal €15.00

5 piece salmon avocado roll, 2 piece salmon nigiri and 8 piece salmon maki

**Plant Power** 594kcal €12.00

10 piece veggie crunch roll, 2 inari nigiri and 2 red pepper nigiri

**Panku Classics** 545kcal €15.00

5 piece salmon avocado roll, 4 piece cucumber hosomaki, 4 piece salmon hosomaki, 1 piece inari nigiri, 1 piece salmon nigiri and 1 piece prawn nigiri

**Crunchy Katsu & Hoisin Box** 606kcal €12.00

5 piece spicy chicken katsu roll, 5 piece crunchy chicken katsu roll and 5 piece hoisin duck roll

**Shrimply the Best** 1045kcal €22.00

10 piece crunchy prawn katsu roll, 10 piece spicy crunchy prawn katsu roll and 4 piece prawn nigiri

**Veggie Pick 'n' Mix** 820kcal €16.00

10 piece crunchy vegan roll, 10 piece vegan roll, 2 piece inari nigiri, 2 piece red pepper nigiri

**Panku Super Sharer** 1049kcal €20.00

10 piece crunchy tuna roll, 10 piece spicy crunchy california roll, 2 piece inari nigiri and 2 piece prawn nigiri

## SUSHI SNACK PACKS

**Inari Snack Pack** 218kcal €5.00

2 piece inari nigiri and 4 piece cucumber maki

**Salmon Snack Pack** 193kcal €6.00

2 piece salmon nigiri and 4 piece salmon maki

## SPICY ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped with crunchy onions

**Spicy California Roll** 395kcal €8.50

10 piece surimi and avocado roll topped with spicy mayo and shichimi powder

**Spicy Salmon & Avocado Roll** 360kcal €8.50

10 piece salmon and avocado roll topped with spicy mayo and shichimi powder

**Spicy Chicken Katsu Roll** 392kcal €8.50

10 piece salmon and avocado roll topped with spicy mayo and shichimi powder

**Spicy Prawn Katsu Roll** 349kcal €9.00

10 piece prawn katsu and cucumber roll topped with spicy mayo and shichimi powder

**Spicy Veggie Roll** 305kcal €7.00

10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder

**Spicy Tuna Roll** 312kcal €8.50

10 piece tuna and cucumber roll topped with spicy mayo and shichimi powder

**Crunch Combo Roll Box** 635kcal €12.00

5 piece crunchy tuna roll, 5 piece crunchy salmon avocado roll and 5 piece spicy crunchy california roll

**Great Catch Combo Box** 593kcal €12.00

5 z salmon avocado roll, 4 piece cucumber hosomaki 3 piece salmon nigiri and 3 piece prawn nigiri

**All Salmon Love Set** 1027kcal €18.00

5 piece salmon avocado roll, 4 piece cucumber hosomaki, 4 piece salmon hosomaki, 1 piece inari nigiri, 1 piece salmon nigiri and 1 piece prawn nigiri

**Chicken Top Hits** 997kcal €13.00

10 piece chicken katsu roll, 10 piece spicy crunchy chicken roll and 4 piece chicken gyoza

## DESSERTS

A selection of Classic Japanese desserts, perfect to finish off any meal or if you're in need of a sweet treat

**Chocolate Mochi** 204kcal €3.50

Chocolate filled Japanese dessert

**Vanilla Mochi** 207kcal €3.50

Vanilla Ice-Cream filled with Japanese dessert

**Passion Fruit Mochi** 207kcal €3.50

Passion fruit sorbet filled Japanese dessert

**Strawberry Mochi** 207kcal €3.50

Strawberry cheesecake filled Japanese dessert

**Match Mochi** 185kcal €3.50

Match ice-cream filled Japanese dessert

Freshly made... just for you



SUITABLE FOR VEGANS



SUITABLE FOR VEGETARIANS



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