Panau Streetfood

HEAT AT HOME

Enjoy a selection of your favourite Asian dishes, freshly prepared at our kiosk with a wide choice of tasty meals you're sure to enjoy'

€12.00

Chicken Katsu Curry 566kcal €11.00 Chicken katsu, steamed rice, curry sauce, spring onion and beni shoga

Spicy Chicken Teriyaki Rice Bowl 765kcal €11.70 Fried chicken, steamed rice, crispy shredded vegetables, pak choi, teriyaki sauce topped with shichimi powder

Korean Chilli Beef Bulgogi 457kcal Not Available Korean beef, steamed rice, crispy shredded vegetables, pak choi, topped with mixed sesame seeds and spring onions

€11.70 Spicy Korean Chicken Rice Bowl 675kcal Fried chicken, steamed rice, KFC sauce, crispy shredded vegetables and pak choi

Teriyaki Noodles 454kcal €6.00 Teriyaki noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and spring onions with teriyaki sauce

€11.00 Chicken Curry Noodles 554kcal Chicken katsu, noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and

spring onions with curry sauce Korean Beef Noodles 550kcal Not Available Korean beef, noodles, crispy shredded vegetables topped with mixed sesame seeds, beni shoga and

spring onions with teriyaki sauce

Hoisin Duck Donburi 600kcal

Korean Chicken Noodles 703kcal €12.15 Fried chicken, noodles, KFC sauce, shredded vegetables topped with spring onions, beni shoga and mixed sesame seeds

Hoisin duck, steamed rice, crispy shredded vegatables, pak choi, topped with mixed sesame seeds Pumpkin Katsu Curry 462kcal €12.50

Pumpkin katsu, steamed rice, curry sauce, spring onion and beni shoga



SPICY CRUNCH ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped off with spicy sriracha mayonnaise and crunchy onion

Spicy California Crunch Roll 453kcal €9.00 10 piece surimi and avocado roll topped with spicy mayo and shichimi powder

Spicy Salmon & Avocado Crunch Roll 418kcal €8.50 10 piece salmon and avocado roll topped with spicy mayo and shichimi powder

Spicy Chicken Katsu Crunch Roll 472kcal €8.00 10 piece chicken katsu and avocado roll topped with spicy mayo and shichimi powder

Spicy Prawn Katsu Crunch Roll 407kcal €10.00 10 piece prawn katsu and cucumber roll topped with spicy mayo and shichimi powder

Spicy Veggie Crunch Roll 363kcal €7.50 10 piece red pepper, cucumber and avocado roll topped with spicy mayo and shichimi powder €8.50

Spicy Tuna Crunch Roll 370kcal 10 piece tuna and cucumber roll topped with spicy mayo and shichimi powder

BAO BUNS

Plump bao buns, filled with meat or vegetables, pickled red onion and pickled cucumber, topped with spring onion and crispy onion

Pulled Pork 263kcal €4.00 Bao bun filled with Korean pulled pork, pickled red onion and pickled cucumber, topped with spring onion and crispy onion Korean Chicken 269kcal €4.00 Bao bun filled with Korean chicken pieces,

pickled red onion and pickled cucumber, topped with spring onion, crispy onion and KFC sauce Pumpkin Katsu 246kcal

€4.00 Bao bun filled with pumpkin katsu pieces, pickled red onion and pickled cucumber, topped with spring onion, crispy onion and KFC sauce

€4.00

Hoisin Duck 238kcal Bao bun filled with hoisin duck, pickled red onion and pickled cucumber, topped with spring onion and crispy onion

SNACKS & SIDES

Japanese Chicken Bites 674kcal €6.25 10 piece chicken bites with Japanese mayo €6.50 Korean Chicken Bites 732kcal 10 piece chicken bites with KFC sauce Teriyaki Chicken Bites 759kcal €6.50 10 piece chicken bites with teriyaki sauce and mixed sesame seeds Chicken Gyoza 222kcal Not Available

5 piece chicken gyoza with dipping sauce €5.00 Veggie Gyoza 233kcal 5 piece vegan gyoza with dipping sauce

Duck Gyoza 221kcal Not Available 5 piece duck gyoza with dipping sauce €6.00 Prawn Gyoza 219kcal 5 piece prawn gyoza with dipping sauce

SALADS

Edamame 204kcal Edamame pods sprinkled with sea salt and spring onion

Kaiso Salad 162kcal Sesame seaweed salad topped with mixed sesame seed

€4.00

€4.00



Why not give it a gyoza?

Gyoza are dumplings filled with delicious flavours wrapped in a thin dough perfect for lunch, snacks or dinner



POKE BOWLS

Chicken Katsu Poke Bowl 646kcal €7.50 Breaded Chicken Chunks topped with edamame, mango, wakame, avocado, cucumber,tomato, spring onion on rice

Salmon Poke Bowl 646kcal €8.50 Salmon spring onions coconut sriracha, steamed rice, edamame sweetcorn, pickled onion, kaiso, crispy onions

Spicy Tuna Poke Bowl 646kcal €8.50 Spicy Tuna Chunks topped with edamame, mango, wakame, avocado, cucumber,tomato, spring onion on rice

DESSERTS

A selection of classic Japanese desserts, perfect to finish off any meal or if you're in need of a sweet treat

€3.50 Chocolate Mochi 204kcal Chocolate filled Japanese dessert €3.50 Vanilla Mochi 207kcal Vanilla ice-cream filled Japanese dessert

Passion Fruit Mochi 207kcal Passion fruit sorbet filled Japanese dessert Match Mochi 185kcal

Match ice-cream filled Japanese dessert

Strawberry Mochi 207kcal Strawberry cheesecake filled Japanese dessert

€3.50 €3.50

€3.50

JAPANESE THAI KOREAN

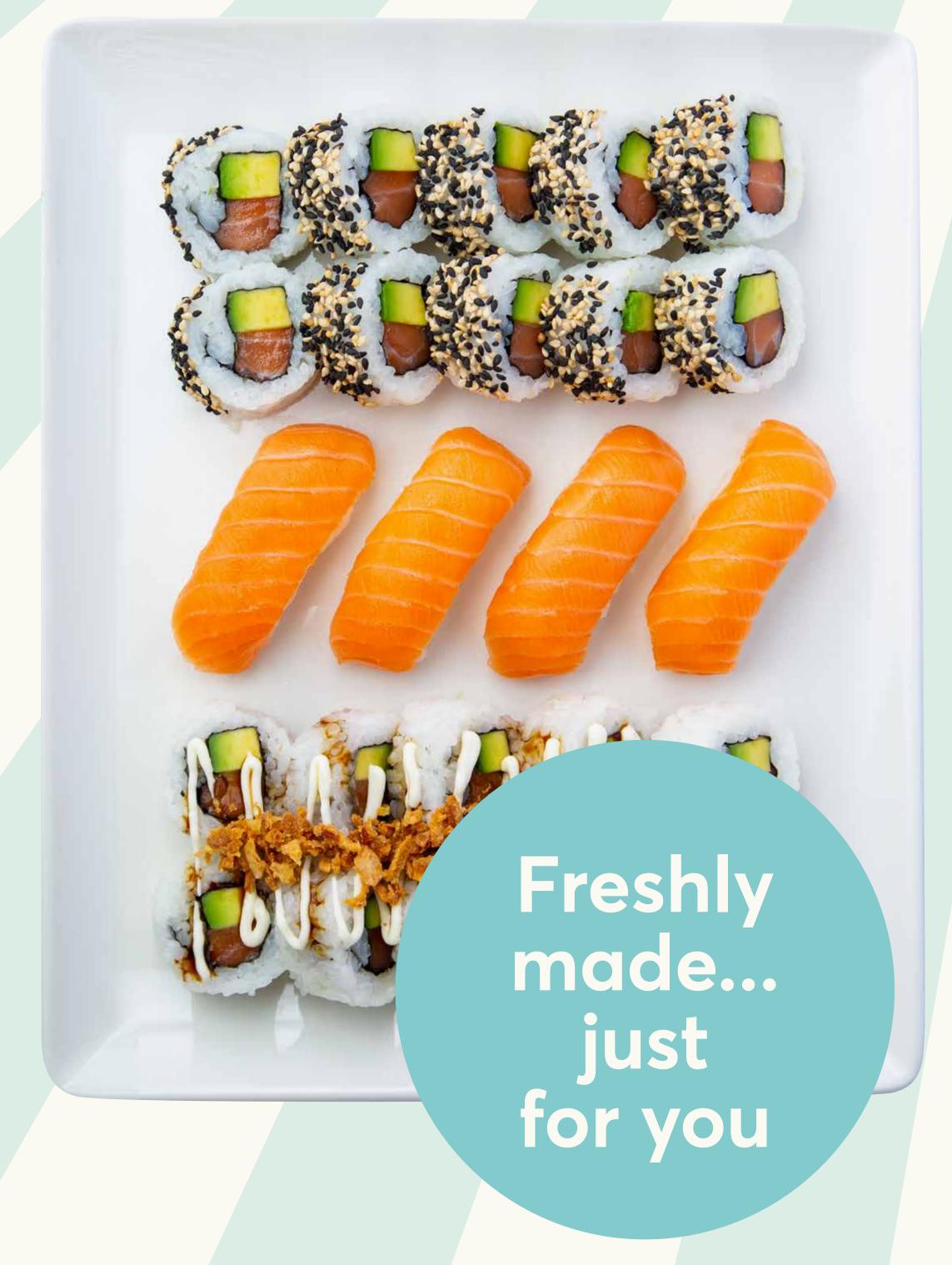
S U S H I

Whether it is raw or cooked fish, chicken or plant-based, let us treat your tastebuds with our freshly prepared Japanese sushi selection

MAKI

Freshly cut sushi rolls, with a vegetable or salmon centre, wrapped in rice and nori

Avocado Maki 201kcal 8 piece avocado and vegan mayo maki	€5.00
Cucumber Maki 146kcal 8 piece cucumber and mixed sesame seed maki	€3.50
Salmon Maki 196kcal 8 piece salmon maki	€5.00
Tuna Maki 196kcal 8 piece tuna maki	€5.00
Red Pepper Maki 196kcal 8 piece red pepper maki	€5.00



NIGIRI

Plump rice balls, topped with a slice of fish

Salmon Nigiri 336kcal 6 piece salmon nigiri	€9.00
Salmon & Prawn Nigiri 335kcal 3 piece salmon nigiri and 3 piece prawn nigiri	€9.00
Inari Nigiri 270kcal 4 piece inari nigiri	€6.00
Inari & Kaiso Nigiri 263kcal 2 piece inari nigiri and 2 piece kaiso topped inari nigiri	€6.00

PANKU SPECIALITY

Hoisin Duck Roll 320kcal	€8.00
10 piece duck, cucumber and spring onion roll topped with mixed sesame seed	
Hoisin Duck Crunch Roll 372kcal	€8.50
10 piece duck, cucumber and spring onion roll	
topped with vegan mayo and crunchy onions	
Dynamite Roll 516kcal	€10.00
10 piece surimi and avocado roll topped with salmon,	
sriracha mayo and shichimi chilli powder	

HOUSE ROLLS

€8.00

€8.50

€8.50

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice

California Roll 408kcal

10 piece tuna and cucumber roll

topped with mixed sesame seeds

Spicy California Roll 395kcal

10 piece surimi and avocado roll topped

Spicy Tuna Roll 312kcal

spicy mayo and shichimi powder

10 piece tuna and cucumber roll topped with

10 piece surimi and avocado roll topped with mixed sesame seeds	
Salmon Avocado Roll 373kcal 10 piece salmon and avocado roll topped with mixed sesame seeds	€8.00
Chicken Katsu Roll 426kcal 10 piece chicken katsu and avocado roll topped with mixed sesame seeds	€8.00
Prawn Katsu Roll 362kcal 10 piece prawn katsu and cucumber roll topped with mixed sesame seeds	€10.00
Veggie Roll 318kcal 10 piece red pepper, cucumber and avocado roll topped with mixed sesame seeds	€7.00
Tuna Roll 325kcal	€8.00

CRUNCH ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, warpped in rice and topped with crunchy onions

California Crunch Roll 461kcal

10 piece surimi and avocado roll topped with vegan mayo, teriyaki and crunchy onions	
Salmon & Avocado Crunch Roll 425kcal	€9.00
10 piece salmon and avocado roll topped with	
vegan mayo, teriyaki and crunchy onions	
Chicken Katsu Crunch Roll 458kcal	€8.00
10 piece chicken katsu and avocado roll topped with	
vegan mayo, teriyaki and crunchy onions	
Prawn Katsu Crunch Roll 414kcal	€11.00

€9.00

10 piece prawn katsu and cucumber roll topped with vegan mayo, teriyaki and crunchy onions

Veggie Crunch Roll 370kcal

10 piece red pepper,cucumber and avocado roll topped with vegan mayo, teriyaki and crunchy onions

€7.50

Tuna Crunch Roll 377kcal €8.50

10 piece tuna and cucumber roll topped with vegan mayo, teriyaki and crunchy onions

SASHIMI

Freshly cut slices of sashimi

Freshly cut tuna sashimi

Salmon Sashimi 152kcal	€5.50
Freshly cut salmon sashimi	
Tuna Sashimi 152kcal	€5.50



SPICY ROLLS

Freshly prepared sushi rolls, with a fish, chicken or vegetable centre, wrapped in rice and topped with crunchy onions

€8.50
€8.50
€9.00
€7.00

PLATTER

Hand-rolled platters, with an array of sushi rolls. Platters can be made to order, please speak to a staff member for further details

Ultimate Panku Party Platter 1555kcal €20.00
10 piece spicy crunchy tuna roll, 10 piece crunchy salmon avocado roll, 5 piece vegan roll, 4 piece salmon nigiri, 4 piece prawn nigiri and 2 piece inari nigiri

All Stars Plant Platter 1428kcal €17.00

10 piece vegan roll, 10 piece crispy vegan roll, 10 piece spicy vegan roll, 8 piece cucumber maki, 8 piece red pepper maki, 2 piece red pepper nigiri and 2 piece inari nigiri

SUSHI SNACK PACKS

Inari Snack Pack 218kcal	€5.00
2 piece inari nigiri and 4 piece cucumber maki	
Salmon Snack Pack 193kcal	€6.00
2 piece salmon nigiri and 4 piece salmon maki	

MIXED SUSHI SETS

A selection of sushi rolls & dishes, great for those wanting to try a selection of sushi styles

Super Salmon 459kcal €15.00 5 piece salmon avocado roll, 2 piece salmon nigiri and 8 piece salmon maki **€12.00** Plant Power 594kcal 10 piece veggie crunch roll, 2 inari nigiri and 2 red pepper nigiri Panku Classics 545kcal €15.00 5 piece salmon avocado roll, 4 piece cucumber hosomaki, 4 piece salmon hosomaki, 1 piece inari nigiri, 1 piece salmon nigiri and 1 piece prawn nigiri Crunchy Katsu & Hoisin Box 606kcal €12.00 5 piece spicy chicken katsu roll, 5 piece crunchy chicken katsu roll and 5 piece hoisin duck roll

Crunch Combo Roll Box 635kcal €12.00

5 piece crunchy tuna roll,
5 piece crunchy salmon avocado roll and
5 piece spicy crunchy california roll

Great Catch Combo Box 593kcal €12.00

5 z salmon avocado roll, 4 piece cucumber hosomaki,
3 piece salmon nigiri and 3 piece prawn nigiri

All Salmon Love Set 1027kcal €18.00

10 piece salmon avocado roll,
10 piece crunchy salmon avocado roll
and 4 piece salmon nigiri

Chicken Top Hits 997kcal €13.00

10 piece chicken katsu roll,
10 piece spicy crunchy chicken roll
and 4 piece chicken gyoza

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Shrimply the Best 1045kcal
10 piece crunchy prawn katsu roll,
10 piece spicy crunchy prawn katsu roll
and 4 piece prawn nigiri

2 piece red pepper nigiri

Veggie Pick 'n' Mix 820kcal

10 piece crunchy vegan roll,
10 piece vegan roll, 2 piece inari nigiri,

11 vegaie Pick 'n' Mix 820kcal

12 piece vegan roll, 2 piece inari nigiri,

€22.00

Panku Super Sharer 1049kcal €20.00
10 piece crunchy tuna roll,
10 piece spicy crunchy california roll,
2 piece inari nigiri and 2 piece prawn nigiri



SUITABLE FOR VEGANS



SUITABLE FOR VEGETARIANS





